





This fact sheet was updated on Dec. 21, 2021. It is based on information that was available at that time. This information might change in the future.

COVID-19 is an illness caused by a new coronavirus. You can get very sick from **COVID-19**. It can make it hard for you to breathe.

New types of COVID-19 emerge over time. Each type is called a **variant**. The Delta variant is easier to catch and can make you sicker than previous variants. The Omicron variant is also easier to catch.

There are **vaccines** to help your body fight COVID-19. A vaccine is a shot in the arm. This fact sheet will help you understand whether the vaccine for COVID-19 is safe.



The COVID-19 vaccine is safe for most people. Thousands of people tested the vaccine. People who get the vaccine are much less likely to get sick.

Very few people had severe **side effects**. Severe sideeffects are shortness of breath, a rash, swelling of the tongue, shock, hives, wheezing, or other things. In rare cases, people have blood clots after receiving the vaccine from Johnson and Johnson. As a result, people are advised to get the vaccine from Pfizer or Moderna instead.











Different kinds of people tried the COVID-19 vaccine. Some had lung disease, heart disease, and diabetes. Some were Black, Hispanic, or Asian. Some were older. All of them did well.

The vaccine cannot give you COVID-19. The vaccine does not have the coronavirus in it.

Talk to your doctor about the vaccine if you have questions.

Some people should talk to their doctor before getting the vaccine:

- You should talk to your doctor if you have a weak immune system.
- You should talk to your doctor if you are allergic to other vaccines.

Some people should not get the vaccine now:

- People who currently have COVID-19 should wait to get the vaccine until they have recovered. Visit this website to learn when you are recovered.
- People under 5 years old cannot get the vaccine at this time.





