



Inclusion

Resource Booklet





Inclusion Resource Booklet

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This booklet is also available in alternative formats by request and on the Virginia Board's website. For more information, please contact the Board at:

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Table of Contents

Introduction	1
Inclusion	1
Respect All Cultures, Types of Families and Languages.....	2
Read	2
Download	2
Watch or Listen	3
Translate Information So Meaning and Intent Are Not Lost	6
Read	6
Watch.....	6
Accept and Respect People’s Life Choices, Beliefs and the LGBTQ+ Community ...	7
Read	7
Download	8
Watch or Listen	9
More Help	10

Introduction

Thank you for pledging to be an Information Access Champion!

We hope that this booklet is helpful for you. When you pledged, you committed to making info that is Inclusive.

Inclusion

All people should have access to information that respects their culture, is translated well and meets their community's needs and preferences.

- We respect all cultures, types of families and languages.
- We translate information so that meaning and intent are not lost.
- We accept and respect people's life choices, beliefs and the LGBTQ+ community.

In the following pages, you will find helpful resources, organized by bullet point.

If you have any questions or concerns, please contact:

infoaccess@vbpd.virginia.gov

Respect All Cultures, Types of Families and Languages

Read

[Cultural Considerations: Family Decision Making in Health Care](#)

Who makes the choices, informed choices and balancing ethics with culture.

[Nontraditional Families](#)

Types of nontraditional families, statistics and how they relate to service providers.

[3 Ways to Talk About Nontraditional Family Structures Appropriately](#)

Assumptions and how to talk without them.

[Inclusive Images](#)

Best practices. Also the do's and don't's of choosing images.

[Example: COVID-19 Posters and Videos in English & Spanish](#)

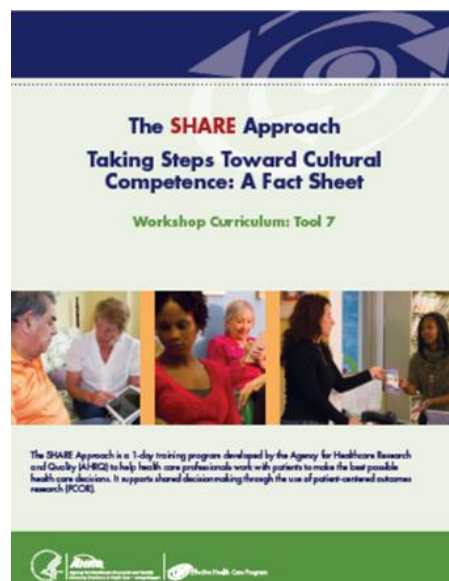
Example of info in different formats and multiple languages.

Download

[Taking Steps Toward Cultural Competence: Effective Shared Decision-making](#)

How to interact with patients from different backgrounds and beliefs. How to provide aids or interpreters and build trust. List of resources.

Length: 5 pages.



Different Families

Quick visual of types of families.
Image.



Watch or Listen

Cultural Awareness for Healthcare Professionals

A diverse group of people talk about how they want healthcare professionals to treat them.

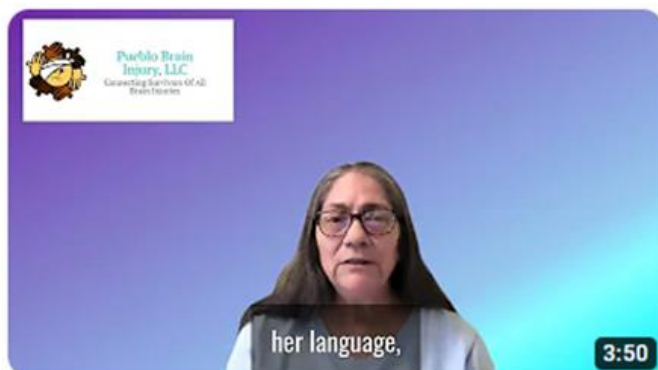
English closed captions available. One American Sign Language (ASL) speaker.
Length of time: 1 minute 32 seconds.



[Providers Must Honor and Welcome Our Culture | Culture and Person-Centered Practices](#)

Talks about respect for culture, culture in decision-making and language barriers. Video is the 1st video in a culture and person-centered series. English captions embedded.

Length of time: 3 minutes 50 seconds.

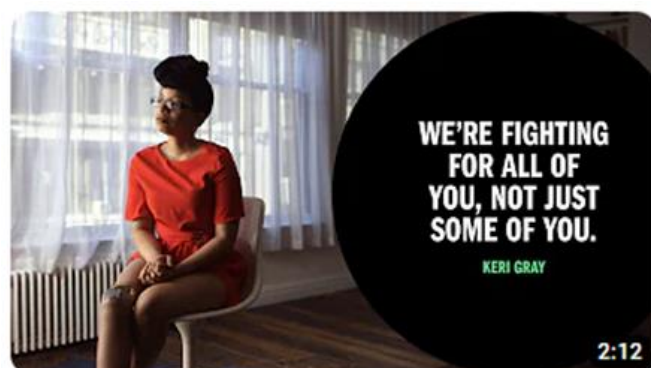


[Intersectionality and Disability](#)

Demonstration of how people identify with more than one thing (race, gender, disability).

English captions embedded.

Length of time: 2 minutes 12 seconds.



[New Diversity Video Range: Families](#)

Speaker briefly talks about different types of families.

Auto-generated English closed captions.

Length of time: 1 minute 55 seconds.



Translate Information So Meaning and Intent Are Not Lost

Read

[Read Between the Lines: Deeper Understanding through Nuanced Translation](#)

Explanation of nuance in translation and examples.

[Why Context Matters \(A Lot\) in Translation](#)

Importance of context and the disadvantage of automated translation.

Watch

[Why Computers Suck At Translation](#)

Disadvantages of computer-generated translations and specific examples in different languages.

English closed captions available.

Length of time: 5 minutes 5 seconds.



Accept and Respect People's Life Choices, Beliefs and the LGBTQ+ Community

Read

[Supported Decision-Making and Supported Decision-Making Agreements](#)

Virginia Department of Behavioral Health and Developmental Services (DBHDS) supported decision-making info and agreements.

[Respecting Autonomy in Health Care, Research and All Areas of Life](#)

What the United Nations (UN) and others say about the decision-making rights of people with disabilities

[Health Literacy Toolkit: Consider Culture, Customs and Beliefs](#)

Beliefs and customs that impact healthcare. Examples of how to talk to patients and resources.

[LGBTQ+ Glossary of Terms](#)

Glossary to better understand the LGBTQ+ community.

[10 Myths About the LGBTQ+ Community Debunked](#)

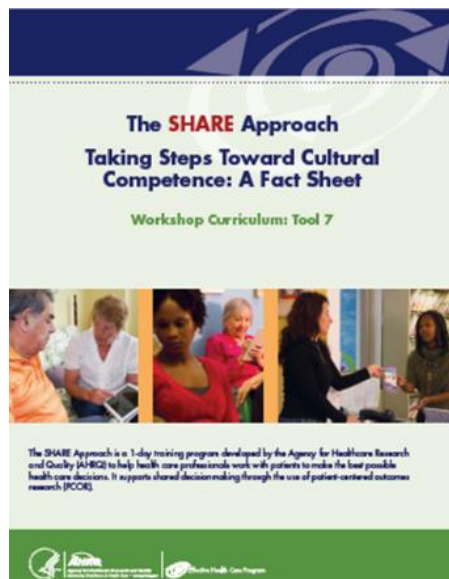
Common myths and reality.

Download

[Taking Steps Toward Cultural Competence: Effective Shared Decision-making](#)

How to interact with patients from different backgrounds and beliefs. How to provide aids or interpreters and build trust. List of resources.

Length: 5 pages.



[Different Families](#)

Quick visual of types of families.

Image.



Watch or Listen

[Making a Decision vs Someone Making it For You](#)

Youth with disabilities talk about making their own decisions.

English closed captions available. American Sign Language (ASL) interpreter.

Length of time: 4 minutes 22 seconds.



[Supported Decision Making: Ben](#)

Ben shows how he makes his own decisions as a person with a disability.

English captions embedded. Little audio.

Length of time: 3 minutes 20 seconds.



[Understanding the Lives and Experiences of Queer Disabled People](#)

Perspective and experience of Nu, a queer person with a disability.
Discussion of autonomy.

English captions embedded.

Length of time: 3 minutes 51 seconds.



More Help

[National LGBTQIA+ Health Education Center](#)

Technical assistance. Free for federally qualified health centers. Fees for other organizations.

Call:

(617) 927-6354

Email:

education@fenwayhealth.org

Mail:

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